

# CREATE THE RIPPLE Potential Cards

Exploring our potential creates ripples of fulfilment and possibility.



## Getting to know Create the Ripple Potential Cards

Create the Ripple Potential Cards are pocket-sized guides designed to unlock your untapped capabilities. They are perfect for both personal and professional development and can be used in various settings like coaching sessions, team-building exercises, or self-reflection.



By using the Potential Cards in different settings, you're taking real steps to unlock your true capabilities. You're unlocking genuine, lasting potential that benefits personal growth while also having a ripple effect on the community around you.



## Self-Navigation

These cards serve as gentle nudges, inspiring you to delve deeper into your own unexplored potential.

### Ideas:

- Choose a card each morning to set your intentions for the day.
- Let the card's message influence your daily decisions and interactions.
- Discuss what you've discovered from a card with someone who could benefit from the insight.



### Questions:

- How does today's card resonate with my current feelings?
- What actionable steps can I take to bring this card's message to life?
- How does this card inspire me to unlock my potential?



## One-to-One Conversations

In one-to-one settings, these cards can spark conversations that lead to mutual growth and enhanced potential.

### Ideas:

- Start your conversation by picking a card to serve as a natural guide.
- Think of practical exercises like jotting down reflections to give more substance to the card's message.
- Encourage each other to select a card to consider before your next meeting.



### Questions:

- How does this card relate to our current discussion?
- What actions can we take to unlock potential based on this card?
- How can this card enrich our professional and personal lives?

## Working with Teams

These cards aim to unlock collective potential, fostering a team culture where everyone's unique talents can shine.

### Ideas/Actions:

- During team meetings, draw a card to inspire discussion about our shared objectives.
- Utilise the cards to highlight team achievements, whether big or small.
- Set up a 'Potential Board' where team members can post cards that have resonated with them.



### Questions:

- How can this card help us collaborate more effectively?
- What collective steps can we take to embody this card's message?
- How does this card's insight align with our team's values and goals?

## Serendipity Ideas

Life is filled with unexpected moments to unlock potential. These cards act as an inspiration to seize those opportunities.

### Ideas/Actions:

- Incorporate a card into a digital or handwritten message to deepen its impact.
- Offer a card to someone you meet spontaneously, turning an everyday encounter into something more meaningful.
- Share cards at community events to encourage conversations about potential.



### Questions:

- Who entered my life unexpectedly today because of this card?
- How did this card expand my perspectives?
- What new and exciting opportunities did this card help me discover?

